CLUBS & SESSIONS IN THE BRANCH

Chester City Life Saving Club Contact @chesterlifesaving on facebook

Crewe Neptune Life Saving Club Contact dave.williams1949@btinternet.com Tel:01829 261133 or visit www.crewe-neptune.org.uk

Leasowe Life Saving Club Contact @lifeSavingClub on facebook

Nantwich Neptune Life Saving Club Contact Julie Pearson visit www.nantwichlifesaving.or.uk

Northwich Life Saving Club Contact Dave Williams Tel. 01829 261133 or Wendy Metcalf Tel. 01928 755562 or email headcoach@northwichlsc.co.uk or visit www.facebook.com/NorthwichLSC

Life Saving Club at the Meadows **Maghull Sefton** Contact Life Saving Club Tel:07532 137452 or email info@lifesaversclub1.org or visit www.lifesaversclub1.org

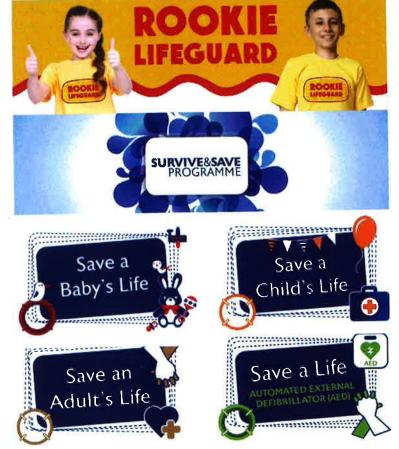
Skelmersdale Life Saving Club Contact Dave Smith Dave.Smith@liverpool-lifesavers.org.uk

Vale Royal Life Saving Club Contact Sir John Dean Leisure Centre Tel: 01606 353930

Supported by Safe Water Training SAFE



LIVERPOOL & DISTRICT BRANCH LIFESAVING CLUBS & SESSIONS FOR ALL



Come Along to a Taster Session

Enquire: secretary@liverpool-lifesavers.org.uk

Or visit: www.liverpool-lifesavers.org.uk

Supported by Safe Water Training SAFE





Chester Life Saving Club

Friendly club meeting at the Northgate Arena on Sunday mornings, all ages 7+ to adults

Learn resuscitation, towing, rescue techniques and water safety, following the Royal Life Saving **Society Award Scheme (including Rookie** Lifeguard & Survive and Save)

Life-saving skills can contribute towards all levels of the Duke of Edinburgh's Award Programme

Our awards also support GCSE PE courses and we offer training for the National Award for **Swimming Teachers**

A great way to keep fit while learning how to save lives!

> Email: chesterlifesaving@gmail.com Phone: 07484 0873667

